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It is a common refrain between parents of young children that transient tres have nothing in three years. When they hit the three years, we begin to call them "Freenenagers, " a tip of the hat to their arrangement more and more discontent. But that word is not now strong enough to represent What I really like to have a three-year period at your home every day. They can't communicate well like them and likes them and gets pissed off. They constantly try to shit that they could kill them and you commit them to die and it really pisses off. But he doesn't. I'm here today to tell you how the three years are ridiculously difficult. If you have jugged it, you already know (and if you didn't like it, you thought that I'm exaggerated anyway). Instead, I'm here to tell you that three years is not "The worst ages; it really is the best. And now I will defend this position. They grow and develop so much that nourishing the year between their third and fourth birthday, children learn and grow a ton. Suddenly, they have hundreds of words in their vocabol Ario (instead of dozens), they speak in short sentences and respond to simple questions. They start to appoint the colors, they discover the difference between morning, afternoon and night, they can also count a little. They begin to help put your clothes, drive a tricycle, and kick, throw and take a ball. They can climb the stairs with the feet alternate! Honestly, the list of milestones of development is rather impressive and with all this growth, there is no wonder that they had a bit of a chip right away on my shoulder and then, You too, if your brain was constantly learning new words and master new motor skills every day. It is exhausting to be three. We wrote a lot about the tantries of the child over the years. And the odds are, we will continue to writing ... Interead Morethreenagers prepare you throughout the other Agesa Agesey has the ups and downs of her, her gratifying moments and the challenges of her. But no one is similar to three years, which exists to prepare yourself ... and build your patience "for all subsequent ages. Of course, now that they are old, they are legitimate to respond to you or are not doing homework or them Eyes are constantly glued to their smartphone screen. But actually, this is nothing but compared to (many) time (s) that you had to transport them out of a restaurant / shop / friend like a kick as they screamed and sharapped for a reason ILOGICA or another. If you have successful three years with three years with a single normal quantity of orientation and merger of the parents, you are ready to face any other parent can bring. This is the year when in the end you will take the risk of the risk of playing like the old lady in the grocery store whose mission is to advise young parents of "tresure" the younger years because "always without notically noting to be appearance Diskellated or parented frazzed - I went to say it. You want a pine one day for three years. The age of three is last year that they seem really little. When they turn four, with their fully trained sentences, slightly more intact reasoning and pre-k classes have lost so many of their small qualities. While you get the distance from the Tantrum and start to forgetting how difficult it was to go anywhere or do anything in a timely manner, what would you be left with photos where they seem so small and precious and videos of all their adorable mispronders incorrect. And although it would have seemed impossible at that time, I would only like it again, you could experience how excited "Help" bend towels. Or as they wanted you to take them everywhere, despite being completely capable of walking. Or I tried so much to close your jacket alone. One day, it seems that they have grown too fast. More intelligent parents on earth! Join our facebook parenting group. Getty Images Good news: having fun and be happy happy To your longevity. 1 of 31 have a good care of your mother teeth tormented you to brush your teeth for a good reason! Poor dental hygiene when you are young can lead to the growth of bacteria and, finally, infections that can evolve more serious health problems such as gingival diseases, according to the American Dental Association. 3 of 31 return to return helps others, but it also helps yourself. Cleveland Clinic found that carech acts, such as philanthropic contributions or even a simple good action can increase self-esteem, lower blood pressure, and will help to live a longest and happier life. 4 of 31 laugh there is a good reason why people tout the beloved phrase "laughter is the best medicine." According to a study, laughing makes it possible to reduce heart disease and stress, more benefits to the immune system, leading to a longest life. Bring on lines of laughing! 5 of 31 They openly love love, both physical and emotional, in your daily life. The results associate a strong, healthy marriage with a lower risk of diseases and regular sex with a longer life. 6 of 31 limit the stress debilitating stress can take a serious tribute on your health. Studies show that chronic stress at the cellular level and suppresses the immune system, so creating serious health problems. Every body copes with stress differently, but we recommend meditation, a conscious exercise like yoga, and a balanced lifestyle to maintain in-check stress. 7 of 31 focus on the positive aspects of life according to a study, older people who reported being happy were 35 percent less than probability to die over a period of 5 years. Inz Pachter of Greenwood, Mississippi, always heard the glass was not only half full, it is overflow. "You have experienced 98 years old," says the daughter of her Robbie Hollander. 8 of the 31st they enjoy Westlake Village Sadie Levine work, in California, worked in retail up to the 89 age, says the daughter-in-Law, Irene Levine of Westchester, New York: "He has sworn that being in contact with colleagues and customers half of his years kept the

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